

# HAPPY VALLEY YEARBOOK

## Your Perfect Fit



Marie Weaver and Debbie Stachowski

professionally fitted by a bra-fitting specialist to achieve proper support and your perfect fit. On the diamond in historic Boalsburg at 101 West Main Street, you will find a boutique that does exactly that.

Debbie Stachowski and Marie Weaver (mother-daughter) opened the specialty boutique in 2007 following Debbie's own frustrating experiences of finding a properly fitted bra. A pinched nerve lead Debbie to Philadelphia for a professional fitting in 2005. That experience began the vast endeavor in bras, completing a business plan and extensive training at "The Fitting Touch" in Birmingham, Alabama. Marie expanded her professional training in 2008, with a certification in mastectomy fitting by the American Board for Certification in Orthotics, Prosthetics & Pedorthics.

Your Perfect Fit utilizes the UK's most prominent brands of lingerie that have roots dating back to 1865, including a fashionable collection of French, German, and other European designers. The bras are available in captivating styles from practical to sensual, in cup sizes AA-K and band sizes 28-52. Since the establishment opened, the two bra-fitting specialists have helped thousands of women transform their bodies' appearance into a slimmer and more flattering shape with a professional fitting. Your Perfect Fit offers women a luxurious alternative to the hassle and embarrassment of department store shopping by providing an individual, professional service within a comfortable and relaxing environment.

For more information, please visit [www.yourperfectfitboutique.com](http://www.yourperfectfitboutique.com).

A brassiere, commonly referred to as a bra, is an article of clothing that covers, supports, and elevates the breasts. As well as an undergarment, the bra is considered a foundation garment worn by women to support or give shape to the contours of the body. It was originally developed in the late nineteenth and early twentieth centuries to replace the corset, and has now become, in many parts of the world, the standard method for supporting a woman's breasts.

A poorly fitted bra is uncomfortable, unflattering, and can be harmful to your health. It is critical to be